

APRIL SSS NEWSLETTER

Kara Herd, Michelle Jacobs, Ugonna Love & Yashica B. Douglas

APRIL 2021 | VOL. 8



APRIL SHOWERS BRING MAY FLOWERS!

HERE COMES THE SUN!

Welcome back from spring break! During the month of April, we celebrated our **AMAZING Assistant Principals**, Mrs. Rachel Goodman and Dr. Alastair Pullen, our **ROCK STAR Administrative Assistant Professionals**, Rickeela Hudson and Amy Odle, our "Personal Google Brain" Media Specialist/School Librarian, Andrea Tomlin. We also payed homage to fabulous, beautiful **GREEN EARTH** and give thanks to the hard work of our Sustainability Coordinator, Kellie Maxwell. Glynna Walker led our families in yet another informative **Family Engagement Series**, while our IB Coordinator, Richard Pavone spearheaded our annual **5th Grade Exhibition and MYP Community Projects**. What a way to pay tribute to **Community Service Month**! Your Student Support Services "EMPATH CREW" continued with "Up & Down Days" & "Herd Day!", as well as creating **Test Prep Happy Notes** for the Georgia Milestones EOG Administration. Your school social worker, Michelle Jacobs, worked tirelessly to provide resource linkage to our students and families, while ensuring our kiddos have the necessary tools needed to attend school daily and on time. Our phenomenal MYP school counselor, Kara Herd successfully facilitated a **High School Choice Fair**, while the PYP school counselors, Ugonna Love and Yashica B. Douglas, collaborated with administration to celebrate "The Kings & Queens of Wesley" to a **KING of POPS** treat for **PoTM Knowledgeable & Perfect Attendance All-stars** winners. April may have started with a few showers, but remember...**HERE COMES THE SUN!**



THE EMOTIONAL CUP

Imagine that every child has a cup that needs to be filled -- with affection, love, security, and attention. Some seem to have a full cup most of the time, or know good ways to get a refill. But most children get a little nervous when their cup gets near empty.

Some ways that children deal with having an empty cup:

- steal from other people's cups
- misbehave to get your attention and show that they need a refill
- seem to have bottomless cups, or need constant 'topping off'
- can't sit still for refills or actively refuse them
- bounce off the walls when they approach 'empty'
- think they have to fight or compete for every refill

What fills a child's cup:

- play
- friendship
- one-on-one time
- love and affection
- connection
- succeeding
- doing what they love to do or what they choose to do



What empties the cup:

- stress and strain
- rejection by peers
- loneliness and isolation
- yelling and punishment
- failing
- fatigue
- doing what they're forced to do or they hate to do

upbility

Publisher of Therapy Resources

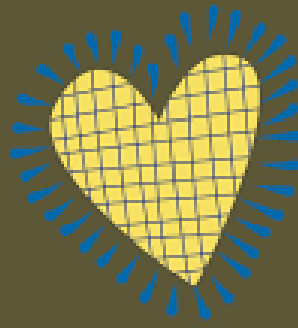
Child Abuse & Prevention Month



THANK YOU, ASSISTANT PRINCIPALS!

#APWeek21

NAESP.org/APWeek21



naesp
National Association of
Elementary School
Principals



National Assistant Principals Week

April 5-9, 2021

WESLEY'S REAL MVPS!!

"I love working with the staff, students and families at Wesley. In my free time, I enjoy kayaking and spending time with my wife and 3 kids!" - Dr. Pullen

"My favorite part of being an AP at Wesley is collaborating with the staff to ensure we keep students at the center of our work. In my free time, I enjoy spending time with my husband, two kids, and cheering on the Buffalo Bills." - Mrs. Goodman

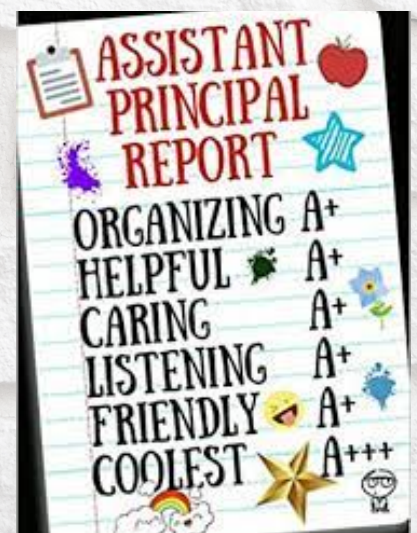
DR. ALASTAIR PULLEN

MYP AP



MRS. RACHEL GOODMAN

PYP AP





HAPPY
ADMINISTRATIVE
PROFESSIONAL'S DAY
we appreciate you



Wesley is fortunate to have two phenomenal Front Office Superstars in our mix!! We are so grateful for Ms. Hudson and Ms. Odle's warm smiles, helpfulness, management, organization, KNOWLEDGE, and overall care for our beloved school. Ladies, you are our "gate keepers and the face of Wesley" - - we salute you on a job well done!!

*"The relationships I have built working at Wesley are what keep me coming back. I love working here!"
- Amy Odle*

"I love making a difference in the day to day lives of children and adults. Always my pleasure!" - Rickeela Hudson

RICKEELA HUDSON
FRONT OFFICE
MANAGER

AMY ODLE
FRONT OFFICE &
PTSA OFFICER



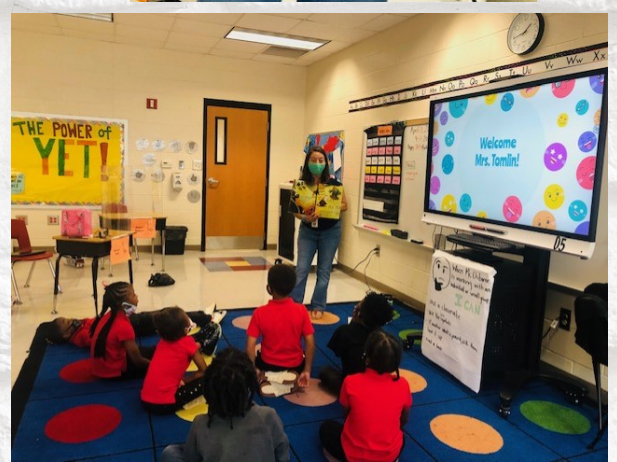
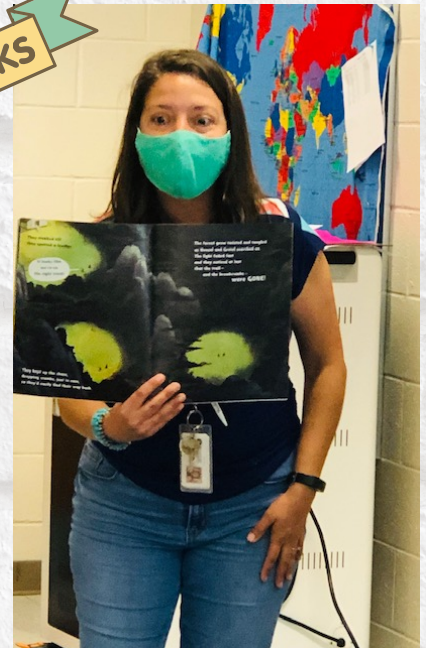
HONORING SCHOOL LIBRARY, NATIONAL POETRY, AND D.E.A.R MONTH!



Written by Andrea Tomlin
WIA Media Specialist/Librarian

School Library Month is a time to celebrate school libraries, the library workers and the roles they take in making lifelong learning fun. The **American Association of School Librarians** has been highlighting the school library and its role as the heart of the school since 1985. ***I have been serving as Wesley's Library Media Specialist for 10 years and my joy in the role grows with each school year. I enjoy being able to build relationships with all members of our school community over the years.*** The relationships developed in the library drive book selection for our patrons and helps to solidify the library as a safe and comforting space. I have a passion for sharing literature with our students and helping them to find their love of reading. I also have a passion for research and **Digital Citizenship**.

In April we also celebrated **National Poetry Month** and **D.E.A.R.** To celebrate National Poetry Month students were encouraged to submit either their original poems or a favorite poem to be read on the morning announcements. Several students did participate by sending both original and other poems. There was a poem read each day of **Phoenix News**. Classes in grades K-3 participated in poetry lessons during April library classes as well. The WIA Library promoted D.E.A.R. (**drop everything and read**) through the morning announcements. Many classes participated and sent pictures to me to share.



Thursday, April 29

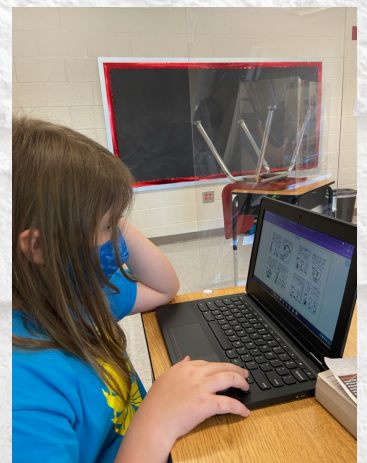
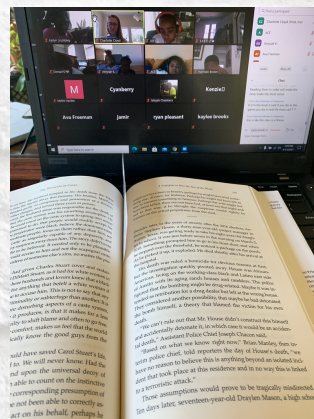
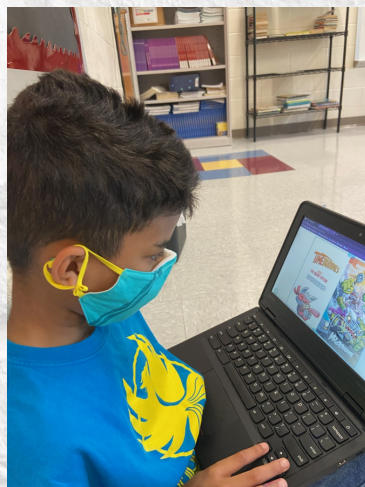
"Poetry is eternal graffiti written in the heart of everyone."

-Lawrence Ferlinghetti

It's National Poem in your pocket day.



NEVER STOP READING



PYP COUNSELING CORNER COUNSELORS' LOVE & DOUGLAS

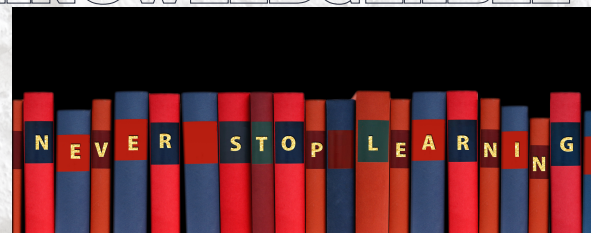
THIS MONTH IN COUNSELING...

- Self-Responsibility Counseling Instruction Lessons
- Individual Counseling Instruction Sessions
- Lunch Bunch Groups: Self-Care
- PoTM: Knowledgeable
- Perfect Attendance All-stars
- Parent /Teacher Consultations
- Wellness Check-in Calls
- Professional Development
- Morning TEA: Faculty Wellness
- Milestones' Test Prep Happy Notes
- Kate's Club Small Groups
- Kings & Queens of Wesley - KING of POPS!



APRIL PHOENIX OF THE MONTH!

KNOWLEDGEABLE



K

Zelle Prizer
Henry McCormick
Benson Riggs
Isaiah Stanley
Clive Stone
Harper Toby

1st

Mansa Amir
Eloise Causey
Tenasia Morgan
Lee Starr
Dream Warren-Terrell

2nd

Katie Fuller
Londyn Campbell
Cameron Goodin
Amira Hadley
William Slade

3rd

Caden Stanley
Alexis Diva
Ava Freeman
Da'Lyla Jackson
Evan Nabors
Jasper Rogers

4th

Henry Williams
Caeli Avery
Sally Davis
Zion Hall
Maxwell Willingham

5th

Rayna Johnson
Daniela Badilla
Harrison "James" Bagby
Chrissy Bennett





Coping Skill of the Day



Dance

Dancing is a great coping skill to use! You can dance almost anywhere, and it can help get extra energy or the feeling of being upset out of your body. Some good times to dance are during free time and recess. Sometimes you can ask your teacher if you can wiggle in your seat or dance quietly in the back of the room.

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Social Skill of the Day



Problem-Solving

Did you know that you can solve most of your problems on your own? This is called problem-solving. Usually, you and the other person you are having a problem with, can fix your problem without your teacher. If someone is doing something you don't like, or took something without asking, try asking them nicely to stop or to give it back. Usually, that's all it takes! If you are trying to figure out a fair way to do something, you can play rock, paper, scissors, flip a coin, or take turns. If it's a different kind of problem try to think of a way you could solve it first before telling your teacher. But, if someone is in danger or the problem you are having is about safety, do not try to problem-solve. Tell an adult right away.

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MYP COUNSELING CORNER

THIS MONTH
In MYP

*The Earth is what we all
have in common*

- Wendell Berry

Counseling Instruction - Self Care
High School Choice Fair
Spring Break!
Earth Day - April 22nd



Happy Earth Day!



Attention 8th Grade Parents!
Mark your calendars for May 5th at 6:30 pm! We will be holding a virtual 8th-grade parent meeting regarding events for the week of graduation! We will be discussing logistics for our ceremony, activities for the week, and more. Join us on Zoom by **CLICKING HERE!**

APRIL PHOENIX OF THE MONTH! KNOWLEDGEABLE

6th

Zofia Cater
Jason Lewis
Alvin Gay
Kamryn Peace
Avaughna Kelly

7th

Kendall Dawkins
Nekhi Stover
Aiden Murray
Nur-Jehan Robinson
Lailani Smith
Zaykiyah Breland
Durayah Harris
Abigail Franco
Parker Gonzalez
Nicolos Higgins

8th

Aiden Jones
Everwood Ingram
Ashley Davis
Niah Hughes
Brierra Moore
Cheyenne Coston
Samuel Delp
Demarri Hines
Mackenzie Smith
Everwood Ingram
Ezra Higgins Brooks
Alexander Franco

HIGH SCHOOL CHOICE FAIR!

In Case you missed it...
You can check out the Boarding School Portion of our High School Choice Fair by CLICKING HERE!



SOCIAL WORK NOOK

MICHELLE.JACOBS@WESLEYACADEMY.ORG

Question of the Month

What are some of your
"end of the year" goals?

PERFECT ATTENDANCE ALL-STARS

KINDERGARTEN: CHRISTIAN MARKES

1ST: LEE STARR

2ND: BRIELLA RABINOVICH

3RD: JASPER ROGERS

4TH: EMPRESS GRAYSON

5TH: MADISON JACKSON

All-stars are randomly selected each month from the list of PYP students with 0 absences for that month. Congratulation to our April All-Stars!

RESOURCE EXPRESS

[Jackson Cluster Resource Guide](#)

[Grady Cluster Resource Guide](#)

[Mays Cluster Resource Guide](#)

[United Way of Greater Atlanta](#)

[CAPs Application](#)

[Mobile Crisis](#)



EARTH DAY

Written by Kellie Maxwell
WIA Sustainability Coordinator

Celebrating this glorious planet we inhabit 51 years into annual Earth Day celebrations! We have much to be thankful for and so very much work to do to take care of our planet. Consider just one thing your family can do this year and strive to implement it. Shop local. Start a garden. Take reusable totes to the grocery. As a family, commit to one small change that can make a big difference and encourage others to join you!

Are you familiar with our Wesley Gardens? On campus we have our edibles growing predominantly in our Courtyard Garden and in the raised beds located in our Outdoor Classroom. We have our small Orchard that was implemented as part of Arbor Day in 2019-2020, and our Pollinator Garden that was started a few years ago through a Nature Conservancy grant.

Want to get involved? Email kellie.maxwell@wesleyacademy.org if you'd like to adopt a week of summer watering and maintenance or for other volunteer opportunities.



Time spent
among trees is
never time
wasted.

Earth911