

# MAY SSS NEWSLETTER

Yashica B. Douglas, Ugonna Love, Kara Herd & Michelle Jacobs

## HELLO MAY! WELCOME SUMMER!!

What an unforgettable school year! During the month of May, we celebrated our **PHENOMENAL Principals, Dr. Debbie Satterfield and Dr. Donald Mason**, our **HEALING HANDS** school nurse, **Lynnette Clove**, our **GUARDIAN ANGEL, Officer Angela Prophet**, and of course our **TERRIFIC TEACHERS** in PYP and MYP!! We also recognized and celebrated the vast contributions of **Wesley's Mandarin Chinese Department in honor of Asian-Pacific American Heritage Month**, took note of the need for **Mental Health Awareness**, recalibrated during the **WIA Parent Session: "Social Emotional Health - Cultivating it at Home!"**, hosted **transition meetings** for our 5th and 8th grade students, and created a fun painting activity for our **REFLECTIVE Phoenix of the Month and Perfect Attendance All-stars winners**. May would not be complete without celebrating the accomplishments of our students during **Awards Day**, the **Kindergarten Stepping Up** ceremony, **5th Grade Promotion**, **EOY class gatherings**, and of course, the **2020-2021 8th Grade Graduation**. We wish you rest, FUN, and adventure! It's so hard to say goodbye...instead, we'll part with, "So long for now!" **HELLO MAY! WELCOME SUMMER, SUMMER, SUMMERTIME!!!**



## Hey Parents!

Looking for a virtual SEL growth opportunity for your student over the summer?

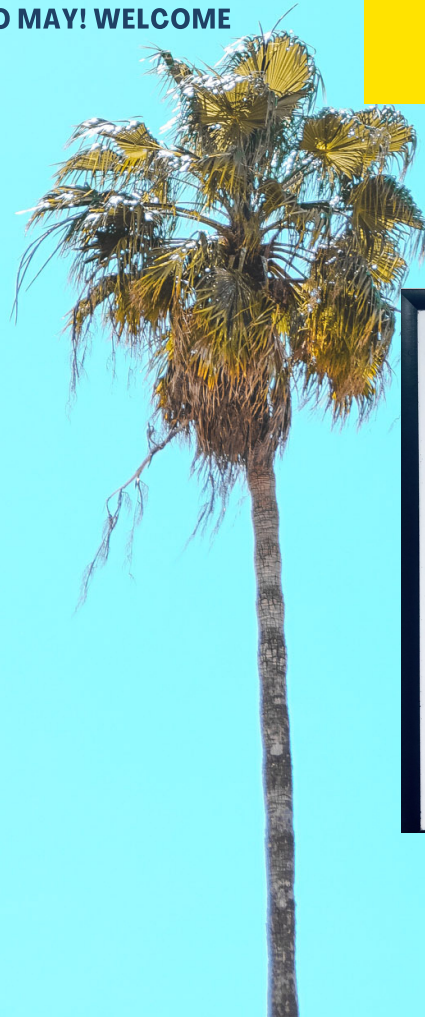
Chris 180 is offering FREE virtual groups for students from 2nd to 9th grade. Topics range from social skills and self-esteem to mindfulness for the entire family!

Participants can participate as frequently as they choose. They are not required to participate in each and every session. Groups are geared toward skill-building and social connection!

**[CLICK HERE](#)** to view all available groups. Register your student by emailing the therapists directly.

## INSIDE THIS ISSUE:

CHRIS 180 Small Groups  
Asian-Pacific Heritage  
National Principals' Day  
School Nurses Day  
National Police Week  
PYP Counseling Corner  
MYP Counseling Corner  
Social Work Nook  
Mental Health  
Awareness Month



Wednesday, May 26  
"It always  
seems impossible  
until it's done."  
-Nelson Mandela





# HONORING ASIAN-PACIFIC AMERICAN HERITAGE MONTH

May 1 - May 31, 2021

## Wesley's Chinese Program

Our Chinese program is well-known and respected throughout Georgia for its commitment to students' language proficiency, cultural knowledge, and global perspective. Students in all grades receive 45 minutes of daily Chinese instruction from state-certified Mandarin teachers. Our curriculum includes listening, speaking, reading and writing. Teachers incorporate music, songs, movement, writing exercises, art, and projects into their classroom experience. -[www.wesleyacademy.org](http://www.wesleyacademy.org)



"Wesley is a unique place where diversity is fully embraced and appreciated. The best thing about my job is that I can make a difference in my students' life. As for influential Asian Americans in society, I like Ang Lee and his movies."

- **Anthony Chung** | Wesley Chinese Department Chairperson | MYP



"I enjoy teaching Chinese at Wesley! I love helping my students to discover their strengths and move forward with skills they will use for the rest of their lives. Seeing my students' eyes light up as they understand Chinese and apply them in real life feeds my soul."

- **Shi Ding** | PYP



"What I enjoy most about teaching Mandarin at Wesley is sharing my study abroad experiences with my students and my knowledge about the Chinese culture. I enjoy seeing their eyes open up when they learn something new, much as mine did while I was studying in China."

I enjoy broadening the students' understanding of the Chinese culture. There is so much to learn and so much to experience."

- 和老师 **Hunter Haymore**, PYP



"Hi, I'm Ms. Ma and go by Ma Laoshi. I really enjoy teaching in Wesley because of all the sweet students who are so eager to learn. I enjoy being the bridge between Chinese culture and American culture. I love to plant the seeds of desire to know more about Chinese language and culture in my students' hearts and equip them with the right tools to acquire what they want. In this way, they will gradually become lifelong learners who love to explore and can grow anywhere they go! I hope all my students will one day have a chance to go to China and experience the culture in person!"

- **Dongdong Faith Ma** | PYP



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"What I enjoy most about teaching Chinese at Wesley is how excited the students get about Chinese language and culture- it makes me so happy!. One thing I love about Asian culture is how rich their history is- it is truly amazing to learn about a culture with 5000 years of history like in China. I really admire Bruce Lee – he worked tirelessly to break down stereotypes and change the way Asians were represented in Hollywood."

- Chase Thomas | PYP

### 1) What you enjoy most about teaching Mandarin Chinese at Wesley?

"The thing I most enjoy about teaching Chinese at Wesley are the students and their interest in "EVERYTHING" Chinese."

### 2) What do you love most about Asian culture?

"Asian culture is so rich and engrossing, but the thing I love the most has to be the literature and languages! Nothing feels better when you're able to successfully express yourself in another language and understand others in their native language."

- Phillip Pruss, III | MYP



"Becoming a Mandarin Chinese Teacher at Wesley is the best thing that happened to me this year! I feel happier and full of energy when I am surrounded by our awesome Wesley kids and colleagues! Wesley Family, ROCKS!"

- Rui Tan | MYP

David Quinn | MYP

**SEE US UNITE FOR CHANGE**  
The Asian American Foundation (TAAF) in service of the AAP Community



# CELEBRATING NATIONAL SCHOOL PRINCIPALS' DAY

May 1, 2021

"I ENJOY BEING A PRINCIPAL BECAUSE IT ALLOWS ME TO PLAY A VITAL ROLE IN SHAPING THE FUTURE OF OUR SOCIETY. AS A PRINCIPAL, I CAN WORK ALONGSIDE AMAZING INDIVIDUALS WHO HELP PREPARE BOYS AND GIRLS FOR CURRENT AND FUTURE PROFESSIONS. IT IS TRULY THE BEST JOB THAT ANYONE HAS."

- DR. DEBBIE SATTERFIELD

"BEING A PRINCIPAL FOR THE PAST FOURTEEN YEARS HAS BEEN ONE OF THE MOST REWARDING EXPERIENCES THAT I HAVE EVER HAD. I ENJOY WHAT I DO BECAUSE I KNOW THAT I HAVE IMPACTED MANY STUDENTS AND THEIR FAMILIES BY PROVIDING AN EDUCATIONAL EXPERIENCE SECOND TO NONE. I AM MOST PROUD OF ALL OF MY STUDENTS, BOTH CURRENT AND PAST, AND THE RELATIONSHIPS THAT I HAVE FORMED WITH THEM OVER THE LAST DECADE AND A HALF. IT BRINGS ME JOY WHEN I SEE THEM AND ALL OF THEIR ACCOMPLISHMENTS."

- DR. DONALD MASON

DR. DEBBIE SATTERFIELD  
PYP PRINCIPAL

DR. DONALD MASON  
MYP PRINCIPAL



May 1st

*Happy National*

**PRINCIPALS'  
DAY!**

Thank you for your educational leadership of our school!! Throughout the school year, these educators assume the commitment to lead our young people to a prosperous future. They support and guide quality teachers and staff resulting in productive learning environments for our children.





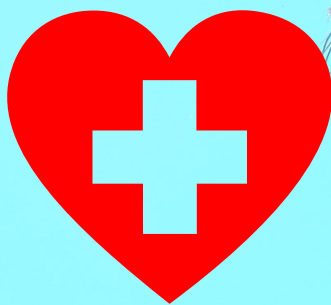
# CELEBRATING NATIONAL NURSES DAY

May 6, 2021

"NURSING HAS ALLOWED ME TO BE A SCIENTIST, A MATHEMATICIAN, A RESEARCHER, AN INVESTIGATOR, AN EDUCATOR, AN ADVOCATE, A CARE GIVER AND A CARE DIRECTOR, A TEAM PLAYER, AND A LEADER. IT IS THE BEST PLACE TO BE STRONG AND TENDER AT THE SAME TIME. I'VE HAD THE PRIVILEGE OF WORKING FROM THE BEDSIDE TO THE NURSING EXECUTIVE BOARD, OF CARING FOR THE PATIENTS TO CARING FOR THE INSTITUTION AND THE STAFF THEREIN, AND FINALLY TO BEING A SCHOOL NURSE. IT'S BEEN MY HONOR TO SERVE IN ALL THESE ROLES. NURSING WILL ALWAYS BE A WORK OF HEART." - LYNNETTE CLOVE



LYNNETTE CLOVE, RN, MPH, BSN | SCHOOL NURSE



## **Nurse**

(n): A scrub wearing,  
smile bringing,  
life saving  
**ROCKSTAR**  
who lives to heal  
and loves to encourage.





# CELEBRATING NATIONAL POLICE WEEK

May 9, 2021 – May 15, 2021

"IN APRIL, I CELEBRATED MY 27TH YEAR IN LAW ENFORCEMENT. I AM TRULY THANKFUL TO BE A PART OF THE WESLEY INTERNATIONAL ACADEMY COMMUNITY." - ANGELA PROPHET

**OFFICER ANGELA PROPHET, APD | SRO**





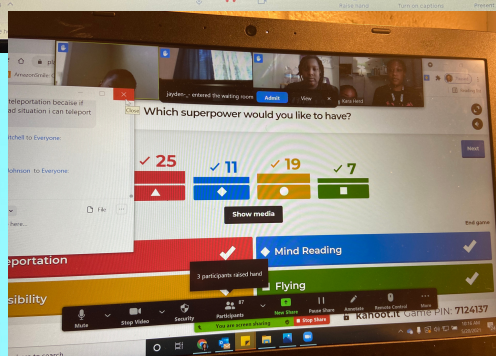
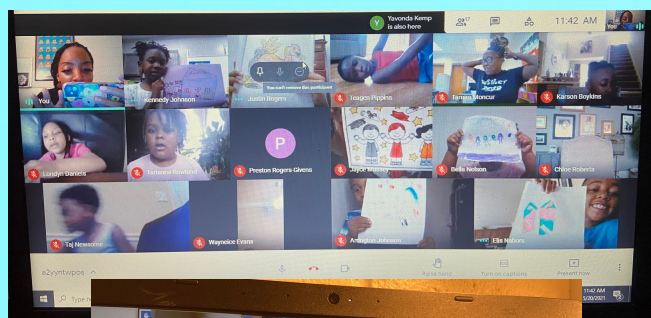
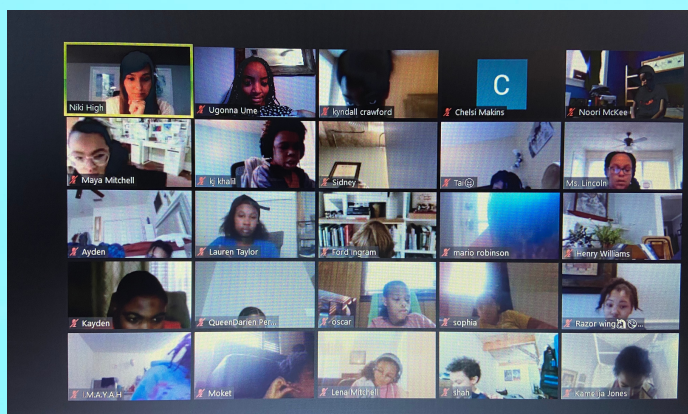
# PYP COUNSELING CORNER

## COUNSELORS' LOVE & DOUGLAS EDITION

### THIS MONTH

### In PYP

- Self-Responsibility Counseling Instruction Lessons
- Individual Counseling Instruction Sessions
- Lunch Bunch Groups: Self-Care
- PoTM: Reflective
- Perfect Attendance All-stars
- "Paint & Skip" Activity for PoTM/PAA Winners
- Parent /Teacher Consultations
- Wellness Check-in Calls
- Professional Development
- Morning TEA: Faculty Wellness
- Milestones Testing
- Kate's Club Small Groups
- Mystery Reader Class Visits
- 5th Grade Transition Meeting
- PYP Awards Day & EOY Class Gatherings
- Kindergarten Stepping Up | 5th Grade Promotion



# PYP PoTM

## REFLECTIVE

**K:** Jayla Aaron, Bailen Alexander, Karson Boykins, Preston Rogers-Givens, Christian Markes, Aiden McCrary, Esxence Pace, Major Peterson & Cassidy Reese

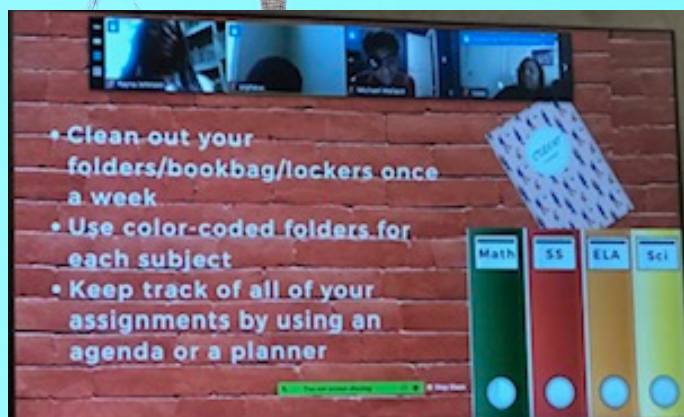
**1st:** Leo Butler, Travion Hayes, Nazari Leathers, Erin White & Evan Williams

**2nd:** Royal Coleman, Marques Dent, Hamilton Dickey, Trinity Hill, Dhenver Mason & Breleigh Rawls

**3rd:** Asim Thomas Bullock, Sanchez Cauley, Eloise Freed, Dyon Jasper, Skylar Mason, Ryan Pleasant, Otis Stone & Imani Williams

**4th:** Demir Harvey, Khalil Jones, Evan McLemore, Marcus Moring, IV & Wyatt Tomasino

**5th:** Chrissy Bennett, McKenzie Dixon, Mia Federico & Taylor Outlaw





# PYP COUNSELING CORNER

COUNSELORS' LOVE & DOUGLAS EDITION



## SSoTM

## CSoTM

### PROBLEM SOLVING

### BUILD SOMETHING

#### Social Skill of the Day



##### Problem-Solving

Did you know that you can solve most of your problems on your own? This is called problem-solving. Usually, you and the other person you are having a problem with, can fix your problem without your teacher. If someone is doing something you don't like, or took something without asking, try asking them nicely to stop or to give it back. Usually, that's all it takes! If you are trying to figure out a fair way to do something, you can play rock, paper, scissors, flip a coin, or take turns. If it's a different kind of problem try to think of a way you could solve it first before telling your teacher. But, if someone is in danger or the problem you are having is about safety, do not try to problem-solve. Tell an adult right away.

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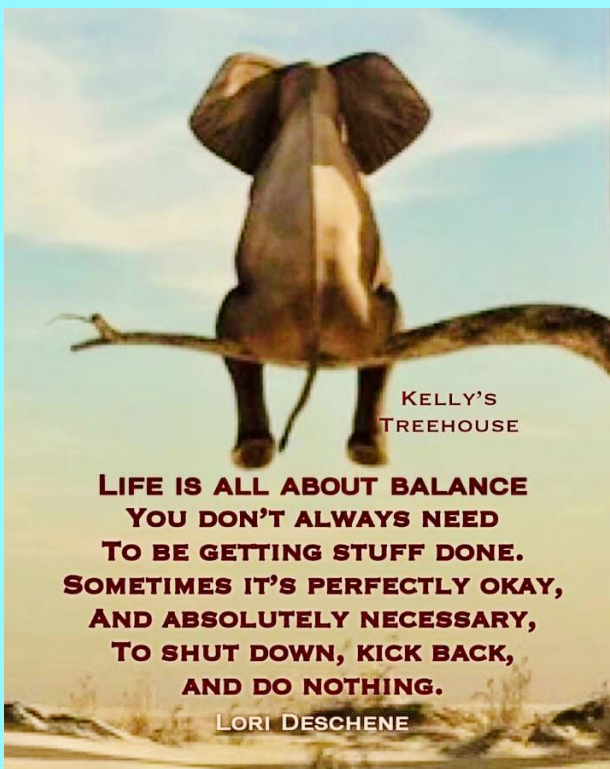
#### Coping Skill of the Day



##### Build Something

Building is another great skill to use when you are feeling angry, upset, or just need some time alone. You can't always use this skill at school, but you can ask your teacher if it's a choice. Some good times you may be able to use this skill are during free time, at recess, or at home. Some things you can use to build with are blocks or Legos®. Building something can help you relax or take your mind off of what was upsetting you.

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KELLY'S  
TREEHOUSE

**LIFE IS ALL ABOUT BALANCE  
YOU DON'T ALWAYS NEED  
TO BE GETTING STUFF DONE.  
SOMETIMES IT'S PERFECTLY OKAY,  
AND ABSOLUTELY NECESSARY,  
TO SHUT DOWN, KICK BACK,  
AND DO NOTHING.**

LORI DESCHENE



#### 10 Steps to Bring it Home

1. Take care of yourself
2. Establish routines and intentionality.
3. Presence is not the same as being present.
4. Commit acts of service or kindness for others.
5. Engage in creativity together.
6. Celebrate what you can.
7. Practice active listening.
8. Help your child express and name emotions.
9. Practice social emotional learning daily.
10. Be Mindful of Transitions.



Restore More



# MYP COUNSELING CORNER

## COUNSELOR HERD EDITION

Summer, summer, summertime.

Time to sit back and unwind. ☺

- The Fresh Prince

# THIS MONTH IN MYP!

Phoenix Trivia SUPERBOWL!

Milestones Testing

Chinese Chat with Choate

5th Grade Transition Meeting

8th Grade Activities Week!

All students returned to the building!

## Chatting with Choate Students!



We were so grateful to host Darcy and Anesi, two graduating Seniors from Choate. These lovely young women answered questions about taking Chinese in high school, tips for attending boarding school, and how their future pursuits!

[CLICK HERE](#) to watch their conversation.

## PHOENIX OF THE MONTH!

6th

Noah Marchman

7th

Ariana Rabinovich

Zion Sanders

Julia Mayi

Ellevie Morrison

Nicolas Higgins

Madison Broadwater

Zaykiyah Breland

Eric Nabors

Kamia Key

Caiden Reese

Lily Glass

Mikel Miller

Nur-Jehan Robinson

8th

Sophie Antell

Paris Jeffries

Cheyenne Coston

Demarri Hines

Cari Jones,

Cheyenne Coston Jaden Higgins-brooks,

Niah Hughes

Jordan Hicks

Andrew Johnson

Gabrielle Holbrook

# Congratulations Class of 2021!

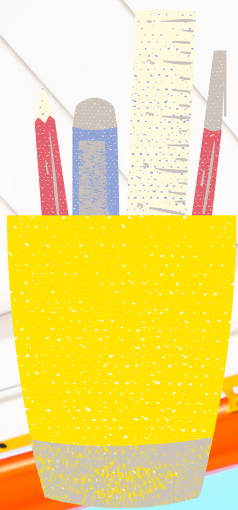
To the Class of 2021:

**Congratulations on graduation and completing such a complex school year!! The staff at Wesley are so incredibly proud of you! Please also be proud of yourselves and all that you have accomplished this year. Continue to work hard and be great in high school!**



# SOCIAL WORK NOOK

SSW JACOBS' EDITION



## Question of the Month

What was the most memorable part of your year?

### PERFECT ATTENDANCE ALL-STARS

Kindergarten: **Kalea Algarin**

1st: **Maxine Yao**

2nd: **Van Clark**

3rd: **Eva Brathwaite**

4th: **Noori McKee**

5th: **Isaac Riley**



All-stars are randomly selected each month from the list of PYP students with 0 absences for that month. Congratulation to our May All-Stars!

### RESOURCE EXPRESS

[Jackson Cluster Resource Guide](#)

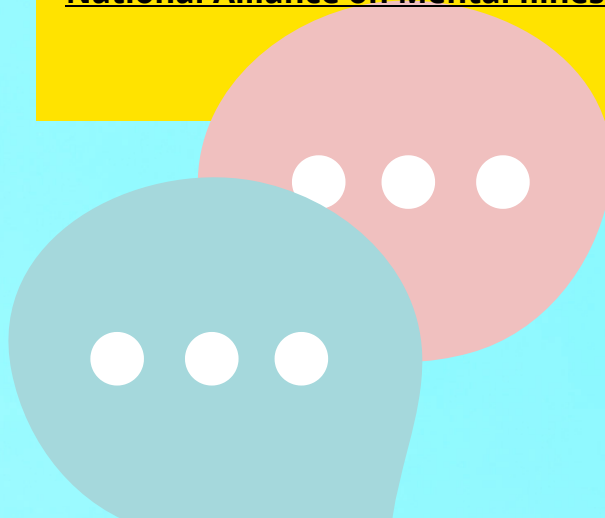
[Grady Cluster Resource Guide](#)

[Mays Cluster Resource Guide](#)

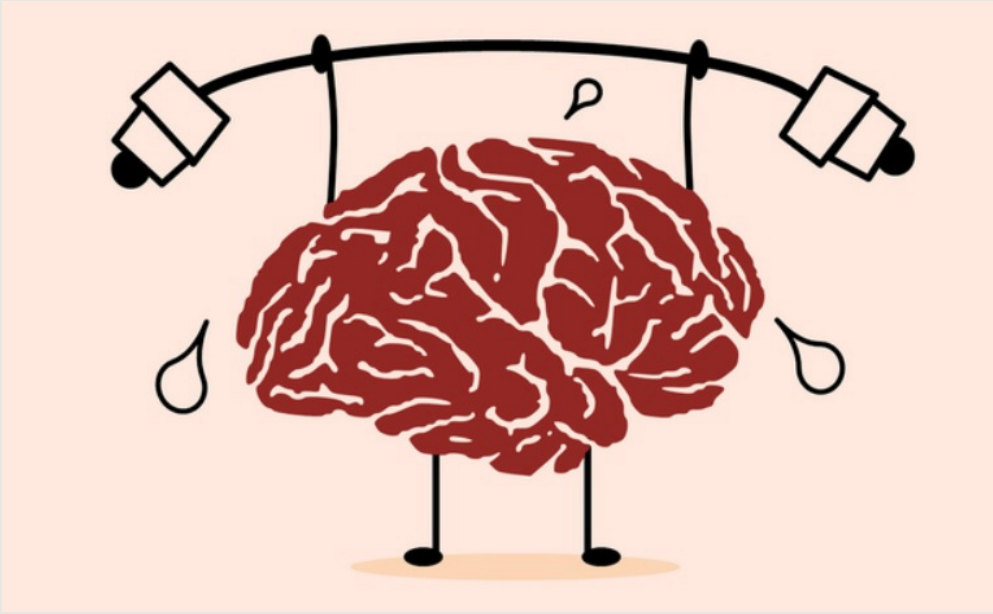
[United Way of Greater Atlanta](#)

[CAPs Application](#)

[National Alliance on Mental Illness](#)







## May is National Mental Health Month!

### It's Okay To Not Be Okay.

1 in 5 U.S. adults experience mental illness each year.

1 in 20 U.S. adults experience serious mental illness each year.

1 in 6 U.S. youth aged 6-17 experience a mental health disorder each year.

50% of all lifetime mental illness begins by age 14, and 75% by age 24

Suicide is the 2nd leading cause of death among people aged 10-34

*Retrieved from National Alliance on Mental Illness  
<https://www.nami.org/mhstats>*

### Tips and Tricks for giving yourself some love TODAY!

- Get some sleep
- Nourish your body with good food
- Feel some sunlight on your skin
- Take a walk and get some exercise
- Practice gratitude
- Ask for help !

M E N T A L

H E A L T H

M A T T E R S

Georgia Crisis & Access Line 1-800-715-4225

National Suicide Prevention Lifeline 1-800-273-8255

SAMSHA National Hotline 1-800-662-4357