

AUGUST

Lunch (K-8)

Questions or
Comments?

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Director of Operation
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DAILY SELECTIONS:

ASSORTED LOWFAT MILK

APS SALAD BOWL OPTIONS:

LETTUCE & SPINACH SALAD MIX
BABY CARROTS
BROCCOLI
CAULIFLOWER
CELERY
(LG) CUCUMBER
(LG) TOMATO
FRESH FRUIT SELECTION

LG = LOCALLY GROWN
FRUITS AND/OR VEGETABLES

Fresh Fruit &
Vegetable Bar
Served Daily!



This institution is an equal
opportunity provider.

Monday

Tuesday

Wednesday

Thursday

Friday

<p>30</p> <p>Lunch</p> <p>(V) Vegetarian Option (or vegetarian upon request) V = vegetarian</p>	<p>31</p> <p>Lunch</p> <p>Cheesy Chicken Flour Tacos Whole Grain Fish Patty Sandwich (V) Ants on a Log Power Pack</p>	<p>1</p> <p>Lunch</p> <p>Traditional Turkey Tetrazzini with WG Roll Chunky Tuna Salad Wrap (V) Classic Cheese Pizza</p>	<p>2</p> <p>Lunch</p> <p>Zesty Orange Chicken Fresh Ham & Cheese Sub (V) Grilled Cheese Sandwich</p>	<p>(V) Cheesy Broccoli Baked Potato W/ Biscuit Turkey & Cheese Wrap Crispy Fish & Chips W/ Roll</p>
<p>5</p> <p>Lunch</p> <p>Oven Baked Turkey Pot Pie Popcorn Chicken Snowbowl w/ Roll (V) Veggie Ranch Wrap</p>	<p>6</p> <p>Lunch</p> <p>Turkey & Rice Burrito Ham & Cheese Sandwich W/ Crackers (V) Cheesy Nachos</p>	<p>7</p> <p>Lunch</p> <p>Loaded Meatlovers Pizza Turkey & Cheese Sub (V) Garlic & Herb Vegetable Alfredo Rotini with Breadstick</p>	<p>8</p> <p>Lunch</p> <p>Crispy Fish Nuggets Grilled Cheeseburger (V) Fruit & Yogurt Power Pack w/Saltines</p>	<p>9</p> <p>Lunch</p> <p>Country Fried Steak W/ Roll Turkey Chili with Beans & Homestyle Cornbread (V) Creamy Macaroni & Cheese</p>
<p>12</p> <p>Lunch</p> <p>Turkey Burger (V) Fajita Chicken Baked Potato W/ Biscuit</p>	<p>13</p> <p>Lunch</p> <p>Adobe Chicken Wrap Juicy Turkey Hot Dog (V) Cheese Enchilada</p>	<p>14</p> <p>Lunch</p> <p>Savory Chicken, Broccoli & Garlic Rotini Fresh Ham & Cheese Salad W/ Seasoned Croutons (V) Classic Cheese Pizza</p>	<p>15</p> <p>Lunch</p> <p>Crispy Fish Nuggets W/ Whole Grain Dinner Roll (V) Country Egg Salad Sandwich W/ Crackers Chili Cheese Fries</p>	<p>16</p> <p>Lunch</p> <p>Roasted Rotisserie Chicken W/ Whole Wheat Roll Homemade Meatloaf W/ Whole Wheat Roll (V) Wow Butter & Jelly Sandwich W/ String Cheese</p>
<p>19</p> <p>Lunch</p> <p>Chicken Nugget Potato Bowl W/ Roll Creamy Chicken Alfredo W/ Breadstick (V) Veggie Ranch Wrap</p>	<p>20</p> <p>Lunch</p> <p>Chicken Enchilada Casserole Tuna Salad wrap W/ Crackers (V) Mozzarella Cheese Quesadilla</p>	<p>21</p> <p>Lunch</p> <p>Savory Meatball Sub Classic Pepperoni Pizza (V) Wow Butter & Jelly Sandwich W/ String Cheese</p>	<p>22</p> <p>Lunch</p> <p>Homemade Sausage & Cheese Biscuit Sandwich Down Home Chicken & Waffles (V) Grilled Cheese Sandwich</p>	<p>23</p> <p>Lunch</p> <p>Chicken Teriyaki Traditional Turkey & Cheese Sandwich W/ Crackers (V) Creamy White Mac & Cheese</p>
<p>26</p> <p>Lunch</p> <p>Salisbury Steak W/ Roll & Rice Popcorn Chicken W/ Roll (V) Country Egg Salad Sandwich W/ Crackers</p>	<p>27</p> <p>Lunch</p> <p>Cheesy Chicken Flour Tacos Ants on a Log Power Pack (V) Grilled Cheese Sandwich</p>	<p>28</p> <p>Lunch</p> <p>Traditional Turkey Tetrazzini W/ Whole Wheat Roll Chunky Tuna Salad Wrap (V) Classic Cheese Pizza</p>	<p>29</p> <p>Lunch</p> <p>Zesty Orange Chicken Fresh Ham & Cheese Sub (V) Grilled Cheese Sandwich</p>	<p>30</p> <p>Lunch</p> <p>(V) Cheesy Broccoli Baked Potato W/ Biscuit Turkey & Cheese Wrap Crispy Fish & Chips W/ Roll</p>

Adult Meal Price: \$5.00

*1 % Low Fat White and Chocolate Milk Offered Daily